



Effective 6/12/2025

Lines Of Business Mountain Health Trust

Breathalyzer Testing Policy

PURPOSE:

The purpose of this policy is to ensure that THP members have access to appropriate, medically necessary substance use disorder screening tools in the context of conserving valuable health resources and financing.

POLICY:

The Health Plan will reimburse screening breathalyzers only when the test is medically necessary and cannot be reasonably collapsed into some other screen ordered on the same day/visit.

PROCEDURE:

Breathalyzer claims will be considered medically necessary under the following circumstances:

- A. No other test ordered on the day of the visit could screen for alcohol use in the panel; and
- B. The member has a history of:
 - 1. Alcohol use disorder or
 - 2. DUI in past five years or
 - 3. Appearance of being intoxicated on day of visit or
 - 4. Smells of alcohol on day of visit.

Most available urine and saliva drug screens can incorporate alcohol as a screened substance with the exception of point of care dip stick testing (80305). Use of breathalyzer testing must be documented as to medical necessity in the provider's clinical notes for the date of the visit and must be individualized along with the results of the screen. Exceptions to this policy must be documented in the provider's

clinical record of the visit, justifying the exception. All providers are subject to retro review and requests for medical documentation.

All Revision Dates

6/12/2025, 1/24/2022, 7/9/2020, 6/22/2020