



Mountain Health Trust
Value Added
 Services



24-hour
 nurse line:
1.800.624.6961

Members	Value Add
Access to CoreWellness, an online tool to help members learn ways to get and stay healthy	
Completion of a COVID vaccination (one-time only reward)	\$25 Gift Card
Dedicated care managers to help members manage medications, disease and improve overall health	
Specialized care managers for neonatal abstinence syndrome (NAS), NICU, high-risk obstetrics, hepatitis, and behavioral health. Face-to-face case management with high-risk members with specialized care managers	
One-on-one education with asthma nurse educator	Asthma pack with peak flow meter, spacer and carrying pack available upon request
Diabetes Outreach Program	
• Completion of a HbA1c blood test	\$25 Gift Card
• Diabetic eye exam	\$25 Gift Card
• Diabetes education by case managers	
• One-on-one education by diabetes educators on glucometer, insulin pump use and general diabetes education	
Unlimited calls to Member Services and free wellness and appointment reminder texts	Cell phone with minutes for text & voice
Personal assistance with applying for SSI	
Completing the THP Smoking Cessation Course	\$25 Gift Card
<u>Members 12 & older:</u> Quit smoking packets with workbook, relaxation exercises and quit smoking survival kit	
Referral to Jobs & Hope West Virginia program aiding members in recovery from substance use disorder	Job training and financial education classes
Access to health and life coaches to assist with health care, career, and other life skill services	
Teladoc	24/7/365 Access to providers for non-emergent care



Already a member?

Call **1.866.613.8385** to learn more about getting these benefits.

Eligible for Medicaid/WVCHIP?

The Health Plan is the right plan for you! Call **1.800.449.8466** to learn more.

Member rights and responsibilities are located in the member handbook in addition to our privacy practices, both located on our website. Members may also obtain a copy by calling The Health Plan.

Pregnant, New Moms & Mothers	Value Add
Maternity Outreach Program: <ul style="list-style-type: none"> • Completion of 6 prenatal visits • Post-partum visit • One week's worth of prepared meals for new moms 	\$100 Gift Card \$50 Gift Card \$75 value
Care coordination through baby's 1st year for mother's with high-risk pregnancies	
Care coordination through baby's 1st year for mother's with substance use disorder during pregnancy	
Text4Baby messages to keep mom and baby healthy	
NICU babies or babies with complex conditions	

Children	Value Add
Dental exam under 21 years of age	\$25 Gift Card
Yearly well visit 3 – 21 years of age	\$25 Gift Card
Completion of a Health Risk Assessment under 21 years of age	\$25 Gift Card
Boy Scouts 5 – 18 years of age	Annual Membership
Girl Scouts 5 – 18 years of age & members 18+ wishing to volunteer and mentor to join	Annual Membership

Women	Value Add
Completion of Pap Smear	\$25 Gift Card
Completion of mammogram for women aged 40 and over	\$50 Gift Card

Please allow up to 6 months to receive gift cards. Gift card funds may be used to purchase fresh produce and prepackaged meals. Visit athome.medline.com/card for more information.

Help in your language

Do you need help communicating with us or reading what we send you? We provide our letters in other languages and large print at no cost to you. Call our toll-free Customer Service Department at 1.888.613.8385 (TTY: 711).

Plan On It.
healthplan.org